

Mom, dad, I am getting ready for kindergarten

I need to play, to move, to explore and to learn



To play outside



To be read to



To learn to control my feelings



To have small responsibilities



To play with playdough



To play with friends



To make crafts, to draw



To wait my turn



To play with blocks



To develop my autonomy



To sing songs



To clean up



To do puzzles

- Going to the library with my children
- Reading my child a story every day
- Playing board games as a family
- Having my child express his/her feelings toward school and reassuring his/her as needed
- Talking about school positively with my child
- Have my child watch the video «Une Journée à la maternelle» (Available on the Commission Scolaire des Sommets website under the pre-school tab)
- Encourage my child's efforts everyday

I need a routine

When I wake up



get up



get dressed



have breakfast



brush my teeth

When I get dressed



pants



boots



neck warmer



hat



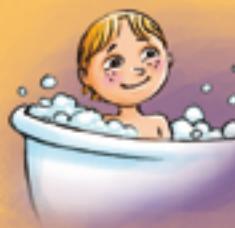
coat



mittens



Before going to bed



take a bath



put on my pyjamas



brush my teeth



go to the toilet



look at a book



go to bed



1



2



3



4



5

Look and find



Circle



Rectangle



Square



Triangle



Octagon



Book



Joy



Timidity



Anger



Sadness



Fear