#### INGREDIENTS

### Mango Dip

- 1 ripe mango, peeled
- 1 banana
- 1 tbsp. almond, sunflower, or macadamia nut butter
- Fruit of your choice (raspberries, blueberries, pears, etc.)



## DIRECTIONS

- **1.** Blend the mango, banana, and almond butter in a blender until smooth.
- **2.** Cut fruit into pieces and place them on a tray, with the dip in the centre.



La Constellation du Granit



Commission scolaire

EN ESTRIE

ARTENAIRES POUR LA





Québec 👬



Canada

# Activity ideas for your party!

Draw inspiration from the example below when making the invitations for your party.



### During the party

Hide the ingredients for the treasure hunt throughout your house and invite your friends to find them with the help of the map.

Put the ingredients in the blender and play *statue*. Your friends must stop moving when the blender stops. Wash the fruit together and make fruit kebabs.

Book suggestion for children's parties ISBN 9781443103800

La surpris de Nicolas

CONGRATULATIONS, YOU'VE FOUND THE PIRATE TREASURE!

Bananas

# Fruit of your choice (pears, raspberries, blueberries, etc.)

Mango