

## INGREDIENTS

### Jam-Filled Heart Cookies

- 2 cups **whole wheat flour**
- 1 tsp. baking soda
- ¼ cup **butter**, softened
- ¼ cup **oil**
- ½ cup white or brown sugar
- 1 **egg**
- 3 tbsp. **honey**
- ½ tsp. vanilla
- ¾ cup strawberry or raspberry jam

## DIRECTIONS

1. Mix the flour and baking soda in a bowl. In another bowl, use an electric mixer to beat together the butter, oil, and sugar, until the mixture is creamy and fluffy. Beat in the egg, honey, and vanilla. Add the dry ingredients to the wet ingredients and mix together with a spoon until the dough is smooth. Refrigerate for 30 minutes.
2. On a lightly floured surface, roll out the dough until it is ¼ inch (5 mm) thick. Use a heart-shaped cookie cutter to cut out cookies and place them on a lightly oiled baking sheet. Bake at 350 °F (180 °C), two baking sheets at a time, on the oven's top rack, for 8 to 11 minutes, or until the cookies are golden.
3. Let the baking sheets cool on racks for three minutes. Spread jam on half the cookies, then top these cookies with the remaining cookies. Put the stacked cookies on the cooling rack and leave them to cool completely. Bake the rest of the dough in the same way.

# INNOVATION REVERSE Holiday

La Constellation  
du Granit

Table réalité  
jeunesse  
du Granit

M MÉDIATHÈQUE  
Nelly-Arcan

MRC MUNICIPALITÉ  
REGIONALE  
DE COMTE  
DU GRANIT

CHSSN

Community Health  
And Social Services Network  
Réseau communautaire de santé  
et de services sociaux

PROJET  
PARTENAIRES  
POUR LA  
RÉUSSITE ÉDUCATIVE  
EN ESTRIE

Commission scolaire  
des Hauts-Cantons

Maison de la Famille  
du Granit

Québec

Townshipper

Canada

## Holiday Activity Ideas!

### The holidays are all about love!

- Hide the ingredients for the treasure hunt throughout your house and invite the children to find them with the help of the map.
- Have a child help you make the recipe.
- Decorate brown paper bags in which to put a few cookies, then give them as gifts.
- Older children can copy the recipe on pretty paper to give with the cookies.
- Younger children can colour the label below, cut it out, and attach it to the gift bag.

These cookies were made for you by:



Read a  
Christmas book  
ISBN 9782723462884

**CONGRATULATIONS, YOU'VE  
FOUND THE PIRATE TREASURE!**

**Whole wheat  
flour**

**Honey**

**Egg**

**Butter**

**Oil**

