

## INGREDIENTS

### *The Easter Bunny's Favourite Muffins*

- 1 ¼ cup whole wheat pastry flour
- ½ cup rolled oats
- 1 ½ tsp. baking powder
- 2 eggs
- ⅓ cup canola oil
- ½ cup maple syrup
- ⅓ cup milk
- 1 tsp. vanilla
- 1 carrot, grated
- Maple sugar

## DIRECTIONS

1. Preheat the oven to 350 °F. Mix the flour, rolled oats, and baking powder in a bowl.
2. In another bowl, beat together the eggs, oil, vanilla, maple syrup, and milk. Add the grated carrot.
3. Mix the wet ingredients into the dry ingredients and pour into muffin tins. Sprinkle maple sugar on top of the muffins. Bake for 15 to 20 minutes.



La Constellation  
du Granit



M MÉDIATHÈQUE  
Nelly-Arcan



Québec

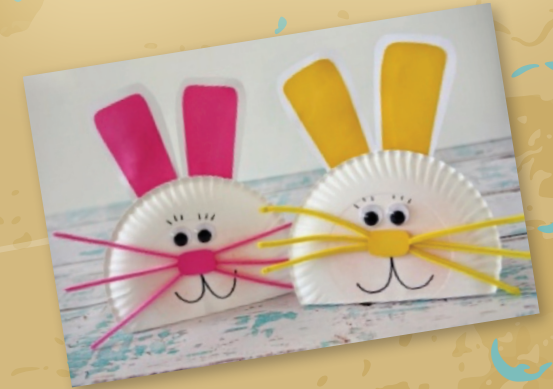


Canada

## Easter activity ideas!

### *The Easter Bunny*

- Hide the ingredients for the treasure hunt throughout your house and invite the children to find them with the help of the map.
- Use a needle to empty the eggs, dry the eggshells, then decorate them.
- Have a child help you make the recipe.
- Use various recycled materials to make a rabbit family.
- Make a centrepiece out of the children's creations.



Read an Easter book  
ISBN 9782081285170



**CONGRATULATIONS, YOU'VE  
FOUND THE PIRATE TREASURE!**

**Whole wheat  
pastry flour**

**Milk**

**Eggs**

**Carrots**

**Maple  
syrup**

